

Susan's speech

You may have heard by now that every one says I talk too much

Well you might as well get comfortable then

I came to project challenge through the connexions career services when my confidence was low

During my interview and my first couple of weeks at project challenge I lulled the staff and my group into a false sense of security with my shyness and quietness, but that soon all changed as I started to get to know people more

I have really enjoyed my time on project challenge although I'm not sure that I could handle another 6 months of Pete's singing and saying 'it's just around the next corner

The residential's were a fantastic experience, we went to The Yorkshire Dales, Wales and The Lake District, the hardest challenge for me was my fear of heights which Project Challenge has helped me a lot with, by the last residential I was running down a mountain

When we arrived in Norway after a bumpy ferry ride it was freezing cold with snow everywhere and sunny at the same time, which was really weird.

The journey itself was hard, tiring and stressful Especially on the last day when we were up at 5:00 and out skiing at 6:00!

‘Do you know how hard it is to have a temper tantrum in skis’, but over all I loved it, the skiing was amazing, especially one day when we skied down a mountain for 3km this was great fun

And what I saw of Norway makes me defiantly want to go back there one day.

Project Challenge reminded me of the bigger world that exists out there, and I think out of all the experiences and awards that I have achieved

The most important thing for me is that Project Challenge has helped me find my confidence again which means more ‘Positive Thinking’